

## Review

## *In vitro* production of small ruminant embryos: Late improvements and further research



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## ARTICLE INFO

## Article history:

Received 5 October 2013

Received in revised form 28 January 2014

Accepted 1 February 2014

## Keywords:

Sheep

Goat

Oocyte

*In vitro* embryo production

Embryo

## ABSTRACT

Beyond the potential use of *in vitro* production of embryos (IVP) in breeding schemes, embryos are also required for the establishment of new biotechnologies such as cloning and transgenesis. Additionally, the knowledge of oocyte and embryo physiology acquired through IVP techniques may stimulate the further development of other techniques such as marker assisted and genomic selection of preimplantation embryos, and also benefit assisted procreation in human beings. Efficient *in vitro* embryo production is currently a major objective for livestock industries, including small ruminants. The heterogeneity of oocytes collected from growing follicles by laparoscopic ovum pick up or in ovaries of slaughtered females, remains an enormous challenge for IVM success, and still limits the rate of embryo development. In addition, the lower quality of the IVP embryos, compared with their *in vivo*-derived counterparts, translates into poor cryosurvival, which restricts the wider use of this promising technology. Therefore, many studies have been reported in an attempt to determine the most suitable conditions for IVM, IVF, and *in vitro* development to maximize embryo production rate and quality. This review aims to present the current panorama of IVP production in small ruminants, describing important steps for its success, reporting the recent advances and also the main obstacles identified for its improvement and dissemination.

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### 1. Introduction

Throughout the world, the importance of small ruminants as providers of essential food, meat and dairy products, has been well reported. Beyond genetic selection for productive traits, reproductive efficiency is one of the most important factors to improve goat and sheep production.

After Artificial Insemination (AI) and Multiple Ovulation and Embryo Transfer (MOET) schemes, *in vitro* production of embryos (IVP) represents the third generation of techniques aimed at better control of animal reproduction [1]. This technique involves four major steps: oocyte collection, oocyte IVM, IVF, and *in vitro* development (IVD) of the resulting embryos up to the blastocyst stage, at which these embryos can be efficiently cryopreserved or transferred into the uterus of synchronized recipient females. These different steps are now well established in domestic ruminant species (cattle, sheep, and goat). *In vitro* embryo

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production is also under progress in nonruminant species like horse [2] and pig [3], although far less efficient than in ruminants. Despite heavy research efforts during the past 30 years, the variability of the number and quality of the oocytes collected and the low viability of frozen-thawed IVP embryos still limit the large-scale use of this technology [4].

In small ruminants, *in vivo* embryo recovery requires surgical procedures that impair repeated embryo production from individual donors. Therefore, IVP has some advantages such as reliability [5], reproducibility [6], the possibility to collect oocytes from females hormonally stimulated or not [7], the use of prepubertal donors [8], senile [9], pregnant females, or even in postmortem cases. Moreover, oocyte and embryo techniques are necessary to develop other biotechnologies such as cloning and transgenesis [10], and it has been proposed as a valuable strategy for the conservation of endangered species [11]. Furthermore, gametes and embryo technologies give access to fundamental research on cell cycle and gene expression regulations, and it may help the identification of new targets for marker-assisted genomic selection of precise reproductive characters.

Studies concerning IVF in mammals were initiated as early as 1878 by Schenk [12], and the first domestic animal born after IVF was a rabbit, in 1959 [13]. Some years later, Hanada [14] reported the first goat birth after IVF using IVM oocytes and only in 1993, a study was published reporting for the first time a development to term after transfer of an embryo produced totally *in vitro* in this species [15]. The technique is extremely versatile, and thus has been intensely studied in recent years. However, despite considerable efforts aiming to improve IVP steps, success rates are still far from *in vivo*-derived embryos [16,17]. This review aims to present the current panorama of embryo IVP in small ruminants, describing important steps for its success, reporting the recent advances and also the main obstacles identified for its improvement and dissemination, and clues for further progress of this technology.

## 2. Oocytes: Source and recovery

The first step of IVP is the recovery of developmentally competent oocytes. Oocyte developmental competence may be defined as its ability to resume and achieve meiosis, be fertilized, to develop into an embryo, and give rise to normal and fertile offspring after normal gestation. Oocyte developmental competence thus reflects the oocyte's intrinsic quality. In mammals, developmental competence is acquired progressively by the oocyte during folliculogenesis, and increases with the size of follicle to be ready to support embryo development at the time of ovulation [18].

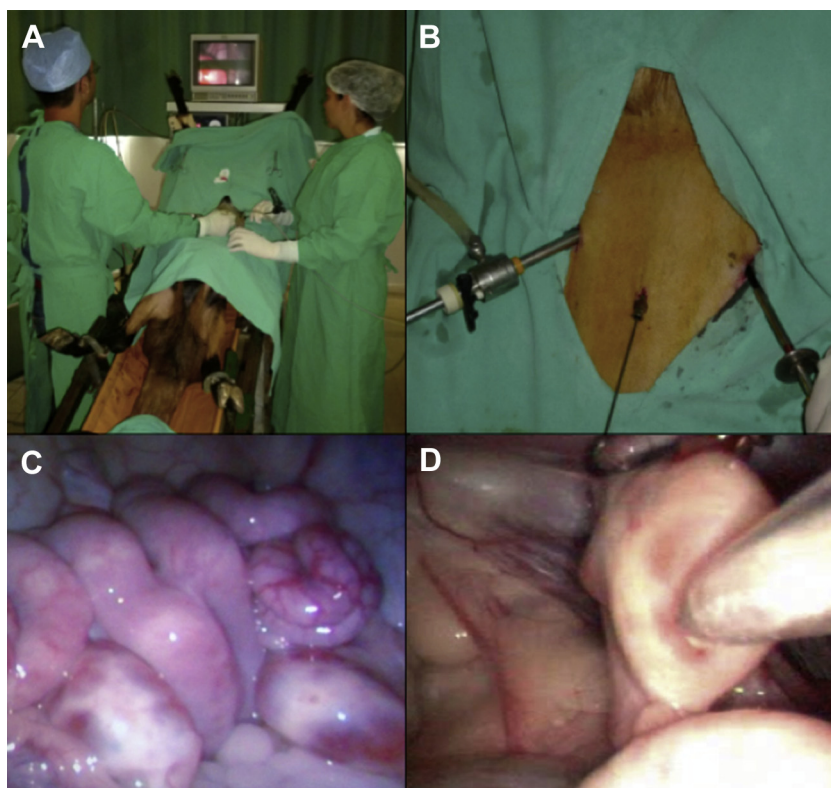
Immature oocytes may be recovered from slaughterhouse ovaries or from live animals. Slaughterhouse ovaries provide a cheap and abundant source of oocytes that can be recovered by follicle aspiration, slicing, or follicle dissection. These large number of oocytes from unknown females are helpful for research and improvement of IVP conditions. This strategy may be of interest for females of high genetic value that had to be unexpectedly culled [19], which obviously consists in the single use of a particular animal

but can provide a last offspring from these valuable females. However, the use of IVP for genetic improvement or diffusion requires repeated oocyte recovery from live females with high genetic value to maximize the number of embryos that can be produced and optimize genetic gain. It is possible to obtain immature oocytes by follicular aspiration performed by abdominal laparotomy [20], but this method presents the disadvantage of generating adhesions, avoiding repetitions of the procedure. In cattle, the transvaginal ultrasound-guided aspiration technique based on ovarian mobilization through rectum wall is currently the most used technique to successfully obtain oocytes [21]. However, in small ruminants this method is not adapted as ovaries are difficult to grasp through the rectum. Graff, et al. [22] obtained lower numbers of oocytes from goats submitted to transvaginal ultrasound-guided aspiration as compared with those submitted to laparoscopy (4.3 vs. 11.5 oocytes collected per female). Laparoscopic ovum pick-up procedure appeared less stressful, less invasive, has a shorter duration (each session takes between 10 and 20 minutes in does and ewes) and can be repeated at short intervals without affecting oocyte developmental competence [5–7,23,24].

In goat, meiotic, cleavage, and development (blastocyst) rates were positively correlated with the size of follicles after IVM, IVF, and IVD [25,26]. Consequently, antral follicles from 3 to 5 mm may be preferentially aspirated for subsequent IVP [25]. At the step of recovery of immature oocytes, the integrity of cumulus-oocyte complexes (COC), defined by density of cumulus cells and homogeneity of oocyte cytoplasm are the main morphologic criteria, as cumulus cells play important role during the IVM process [27,28]. To respect the integrity of COC structure and optimize their recovery rate, the material and aspiration conditions used during LOPU are of critical importance [29] (Fig. 1). Depending on laboratories, the needle diameter used varies from 16 to 21 ga, and the vacuum connected to the needle is regulated from 25 to 70 mm Hg for both goats and sheep. Under these conditions, oocyte recovery rates range from 40% to 90%, and the number of harvested structures may reach frequently around 12 to 13 oocytes per female in different laboratories [1,5,7,30].

In sheep, Rodriguez, et al. [29] compared different aspiration devices and flow rates for aspiration. With the increase of aspiration flow rate, the proportion of good quality oocytes decreased dramatically (69.5%–28.3% with aspiration flows of 10 and 50 mL/min respectively;  $P < 0.05$ ). Thin and intermediate tubings were more effective as laminar flow during aspiration of COC within tubulure to prevent damages on COC. Using slaughterhouse ovaries, follicle size did not affect recovery rate, but proportion of good quality oocytes was higher for large (78%) and medium (64%) follicles ( $P < 0.05$ ). They observed that 18-ga needle promoted a significant better oocyte recovery rate than 20-ga needle, whereas no influence was noted in oocyte quality after aspiration [29].

The aspiration device is also important to respect female tract integrity. It has been shown that repeated ovum pick-up does not affect fertility of donor sheep, even when repeated up to 20 times [6]. It is noteworthy that after repeated LOPU in sheep no complication such as adhesions



**Fig. 1.** Different stages of LOPU in small ruminants. Overview of operators, animal, and equipment (A), detail of puncture points in the abdomen (B); initial view of the abdominal cavity and reproductive tract (C) and puncture in a follicle with specific needle. LOPU, laparoscopic ovum pick-up.

and fibroses occurred and normal histology of ovaries were observed [24], confirming that laparoscopy is a minimally invasive procedure. Besides that, the repetition of ovum collections did not cause painful discomfort to the animals, which can be detrimental to animal welfare [24].

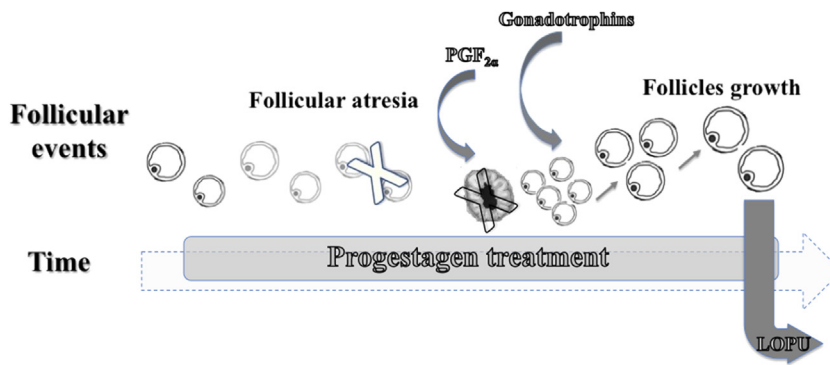
### 2.1. Influence of ovarian status and stimulation

In small ruminants, emergence of large antral follicle occurs in different waves during reproductive cycle, two to four in goats [31] and two to three waves in sheep [32]. Selection of ovulatory follicle(s) may occur during the last wave, whereas other follicles become atretic [31]. Competent oocytes may be recovered from these follicles for IVP before atresia occurs. As oocyte developmental competence increases with follicular size, a strategy for improving number of embryos per females relies on decreasing selection pressure during folliculogenesis for maximizing number of large antral follicles.

Therefore, smaller follicles present on the ovary at the end of progestagen treatment may be stimulated by administration of purified exogenous gonadotropin such as FSH or eCG, increasing follicle survival [24,33]. This strategy must be used at precise moments during the emergence of follicular waves, when follicle survival depends on FSH. Two main strategies were assessed in small ruminants. The first one concerned the administration of gonadotropin before follicular aspiration by LOPU at random time of the reproductive cycle [6]. However, this appeared unsatisfying

regarding prevention of atresia [34], as this event may have already occurred for a follicular population. The second and most used nowadays represents the association of progestagen treatment to gonadotropin (Fig. 2). Its steady and continuous release is ensured by the administration of intravaginal sponges impregnated with progestagen and/or progesterone (fluorogestone, medroxyprogesterone acetate or controlled internal drug release) which inhibit the endogenous secretion of LH, allowing regression of dominant follicle(s) by atresia. Different attempts of hormonal stimulation have been evaluated to improve the quantity and quality of oocytes from does submitted to LOPU [35].

Gonzalez-Bulnes, et al. [36] demonstrated that in comparison with ewes that received just PGF $2\alpha$  for estrus synchronization, ovulatory follicles from progestagen-treated ewes showed deficiencies in different phases. First, in the secretion of estradiol during the preovulatory phase; and second, in the ability to ovulate an oocyte able to be fertilized and develop into a viable embryo; and third, in the secretion of progesterone by the subsequent CL. Likewise, Berlinguer, et al. [37] demonstrated that ewes treated with FSH after estrus synchronization without progestagen (just PGF $2\alpha$ ) produced a higher oocyte recovery rate, and oocytes with higher competence to cleave after IVF and to develop to the blastocyst stage. Although it is important to associate estrus synchronization to stimulatory treatments, more studies should be performed to verify the real benefits of progestagen in these procedures.



**Fig. 2.** Diagrammatic representation of protocols used to synchronize estrus and to stimulate healthy estrogenic follicle growth. Prostaglandin (PGF<sub>2α</sub>) is administered normally just before the end of progestagen treatment. At progestagen removal, laparoscopic ovum pick-up (LOPU) is performed in goats or sheep. Adapted from Reby, et al. [141].

It is well described that FSH treatment before LOPU increases the number of ovarian follicles and oocytes collected from each female [6,7,38]. Morton, et al. [7] reported similar IVD rates in ewes submitted to treatment with or without FSH before LOPU; although, these results were obtained in relation to the cleaved oocytes. In fact, although not statistically different, when we take into account ewes that received FSH (~59%) they had a lower cleavage rate than those not treated (~79%) [7]. Similarly in another study, a lower cleavage rate was obtained in FSH-stimulated does rather than in the control group, but this difference was balanced by the numerically higher developmental rates to the blastocyst stage in the FSH-treated group [38]. In our laboratory, we observed that does receiving high dose of ovine FSH (1 IU) had greater proportion of zygotes reaching the blastocyst stage than goats treated with half dose [39]. These data suggest that FSH may enhance the amount of oocytes recovered per doe, however, some reports indicate an adversely effect in further cleavage rate although it does not affect development rates. Perhaps, either the positive or negative effect of FSH may be in relation to its plan of administration. Protocols use decreasing doses of FSH or a constant dose every 12 or 24 hours [35]. In sheep, Baldassarre, et al. [23] observed no difference in the IVD of oocytes collected from females treated with different FSH administration regimes. Conversely, the use of a stimulation protocol for goats with a higher number of FSH injections (five vs. three) resulted in G1/G2 COCs with higher epidermal growth factor receptor expression in cumulus cells, which is correlated with an elevated meiotic competence after IVM [40]. Abdullah, et al. [41] reported an increase in IVP efficiency when ovarian stimulation started 72 hours before LOPU when compared with 36 or 60 hours. Furthermore, an increase in blastocyst rate after IVP and cryotolerance to vitrification were reported when FSH was administered in constant versus decreasing doses before LOPU [42]. Therefore, purity and dose of gonadotropin, the stimulation regimen used and timing of administration are of particular importance, affecting not only follicles and/or oocytes yield but also oocyte intrinsic quality.

The use of GnRH antagonist before the stimulatory treatment has been proposed to synchronize emergence of follicular waves regarding ovarian stimulation and thus

maximizing the responses to exogenous FSH by reducing the effect of dominant follicles in MOET programs [43]. When applied to small ruminants, the antagonist treatment overcomes the problem of nonresponding females. However, terminal follicular growth was impaired in goats, and the treatment beneficial effect on the ovulation rate was negated by an increase in the proportion of unfertilized ova and degenerated embryos. Using such treatment, it is likely that high response observed ( $\geq 28$  CL per goat) may also have impaired female's physiology, especially regarding maternal environment or oocyte developmental competence. When this strategy was applied for LOPU IVP, it enhanced follicular stimulation but also affected the oocyte competence to develop after IVF and IVD [44] indicating that oocyte itself was affected by the treatment.

## 2.2. Influence of age and season

Some studies focused on the effect of donor age on oocyte yield and developmental competence in small ruminants. The use of prepubertal animals is a real possibility for embryo IVP, allowing to reduce the interval between generations and to accelerate the processes of genetic improvement in selection schemes [45]. The effect of the goat donors age on oocyte quality, and the effect of follicle and oocyte size were reviewed [17]. Generally, prepubertal animals are good responders to hormonal stimulation with exogenous gonadotropin. It has been shown in various ruminant species that oocytes collected from prepubertal animals are less competent for development than those collected from adult females (cattle, [46]; sheep, [20]; and goat, [20,47]). Moreover, ultrastructural and functional deficiencies were reported in prepubertal goat oocytes [17] and lower embryo cryotolerance [47]. On the other hand, it has been recently shown that the developmental competence of oocytes obtained from large follicles ( $\geq 3$  mm) were equally competent between nontreated prepubertal and adult goats [48]. These results may suggest that oocytes of good quality may be recovered from prepubertal animals in a physiological hormonal environment and that ovarian stimulation in prepubertal animals may require further adjustment. With a decrease of ovarian reserve and impaired hormonal environment, aged females may be

associated with poor reproductive performance. In goat, LOPU or IVP has shown to be an efficient strategy for the reproductive rescue of aged goats of high genetic value [9]. Berlinguer, et al. [49] reported that reproductive aging in sheep is associated with impaired follicle functionality and an increase in the proportion of oocytes showing morphologic abnormalities. Total oocyte yield was not affected by age, but the amount of oocyte suitable for IVP was decreased (7%). Despite these observations, the developmental competence of oocytes after IVP and embryo cryotolerance was not affected by aging process.

In addition to the age of the females, their physiological status (follicular or luteal phase, season, and nutrition) could also influence the quality of LOPU oocytes. In goats, the number of aspirated follicles was similar, whereas the proportion of good quality COC (grade I/II) was enhanced in the breeding season (unpublished data). However, interestingly, the cleavage rate of LOPU oocytes was higher in the anestrus season and blastocyst development rate was also higher in the same period when using slaughterhouse oocytes (unpublished data). In sheep, the season influenced the number and competence of recovered oocytes, but cleavage rate tended to be higher in the anestrus season [50]. Conversely, it was recently reported in sheep that the cleavage rate was not affected, whereas the blastocyst rate was higher during the breeding season in comparison with the anestrus season [51]. The oocyte developmental competence in buffalo was also shown to be affected by different seasons because a higher cleavage and embryo yields were recorded in autumn compared with spring [52]. A subcutaneous implant of melatonin improved sheep oocyte developmental competence during the anestrus season [50]. It was demonstrated earlier that LOPU could be performed at different seasons with little or no important change in overall response [53]. It is likely that the progestagen exposure and ovarian stimulation may be sufficient to overcome a possible seasonal effect in small ruminants.

### 3. *In vitro* maturation

As earlier mentioned, during folliculogenesis, the oocyte undergoes cytoplasmic changes (ultrastructure, organites, RNA, and protein storage) leading to the acquisition of meiotic competence and finally to developmental competence [54]. During this step, the oocyte is maintained at meiotic prophase stage (germinal vesicle) by follicular environment, impairing chromosomes condensation, and thus allowing the continuation of transcription activities, important for its final developmental competence [55]. As the follicular inhibition is stopped by LH surge (ovulation) or by removing oocyte from its follicle (oocyte collection), maturation occurs. Oocyte maturation includes meiotic resumption and progression to the fertilizable stage of metaphase II after emission of the first polar body (transition from oocyte I to II), and related events in oocyte cytoplasm and surrounding cumulus cells [55]. Therefore, the result of IVM depends on the intrinsic quality of immature oocytes, but also the maturation conditions can widely modulate the final competence of IVM oocytes [56]. It is clear that the whole process of oocyte differentiation

and maturation is coordinated by surrounding somatic cells (granulosa, cumulus) through a constant dialogue mediated by follicular fluid (FF) and through the network of gap junctions maintained between these compartments [18,57]. It was well demonstrated that IVM oocytes are compromised in their developmental capacity compared with those matured *in vivo* [4,58,59]. The lower potential of IVM oocytes is probably related to the heterogeneity of the oocytes obtained, in terms of differentiation status, and to inappropriate conditions used in IVM. This results in a relatively low rate of oocytes finally reaching the blastocyst stage, which is one of the main limitations of IVP from immature oocytes in mammals. Although many studies aim at searching for molecular biomarkers of oocyte quality in follicular cells [60] or in oocyte itself [61], the morphologic evaluation of COC (cumulus cells number and appearance, homogeneity of oocyte cytoplasm) remains the only noninvasive way to select homogenous COC population after collection [62,63]. Nonetheless, the assessment of the COC morphology before IVM has proved to be a poor predictor of oocyte developmental competence [40], resulting in a great variability in the production of embryos. Brilliant cresyl blue (BCB) staining may represent a good complement to simple morphologic evaluation of COC. The BCB staining reflects activity of glucose-6-phosphate dehydrogenase, an enzyme synthesized in growing oocytes but with decreased activity in oocytes that have finished their growth phase [64]. This staining allows for the selection of two populations of COC with different competences, BCB<sup>+</sup> oocytes being more competent than BCB<sup>-</sup>. It has been shown that BCB staining also reflects mitochondrial activity [61] and apoptosis regulator genes expression in oocytes [64]. The BCB<sup>+</sup> oocytes that develop to the blastocyst stage have a higher number of cells compared with the BCB<sup>-</sup> oocytes. However, the results presented in the available literature on the utility of the test are not always conclusive [61,64].

*In vitro* maturation is commonly performed using tissue culture media enriched with amino acids and glucose, supplemented with hormones and heat-inactivated serum (Table 1). In general, the most commonly used system for small ruminants is tissue culture medium (TCM) 199 medium supplemented with FSH (porcine or ovine origin), LH, estradiol, and 10% fetal calf serum (FCS) [1,65]. Our group used FF from nonatretic and large follicles as an IVM medium supplement (10%) for some years with good results [1,4]. However, all complex supplements such as FCS, estrous goat or sheep serum or FF lead to a lack of reproducibility, because there is high biochemical variability among sources or among batches from the same source [17] and exposure to sanitary risks. For these reasons, there has been a trend to use more defined maturation media. Our laboratory, to make IVM simpler, more safe, and repeatable, proposed a maturation medium using just defined compounds—TCM 199 supplemented with 10 ng/mL epidermal growth factor (EGF) and 100 μM cysteamine—and obtained good results in embryo development of adult goat oocytes [16,66]. Indeed, the EGF family of growth factors has been pointed out as a possible intrafollicular mediator of the LH preovulatory surge in rodent species [67] and the addition of EGF to the IVM

**Table 1**  
Recent results of laparoscopic ovum pick-up (LOPU) or slaughterhouse oocytes recovered and submitted to IVM, IVF, and *in vitro* development (IVD) in goats and sheep.

Species	Oocyte origin	Oocyte recovery rate (COC, n)	IVM		IVF		IVD media <sup>a</sup>	MII rate <sup>b</sup>	Cleavage rate <sup>c</sup>	Blastocyst rate		Embryo destination	Authors (y)
			Media <sup>a</sup>	Duration (h)	Media <sup>a</sup>	Duration (h)				From cleaved oocytes	From oocytes		
Goat	LOPU	88 (NI, ~160)	10% EGS	26	20% EGS	18–22	—	NI	51	NI	7	Cell staining	Koeman, et al. (2003) [111]
Goat	LOPU	81 (658)	10% FCS	24–26	10% ESS	NI	—	NI	82	50	NI	Embryo transfer	Cox and Alfaro (2007) [30]
Goat	LOPU	NI (347)	10% EGS	26	10% EGS	24	—	85	55	34	18	Vitriification	Leoni, et al. (2009) [47]
Goat	Slaughterhouse	NI (1231)	—	22–24	10% FCS	18–20	—	NI	53–61	24–25	12–16	Cell staining	Bormann, et al. (2003) [72]
Goat	Slaughterhouse	NI (422)	—	24	10% ESS	18	10% FCS	NI	83	23	28	Embryo transfer	Rodriguez-Dorta, et al. (2007) [116]
Goat	Slaughterhouse	NI (490)	5% to 15% FF	27	—	6	—	54–68	NI	NI	0–10	NI	Masudul Hoque, et al. (2012) [112]
Goat	Slaughterhouse	NI (1447)	—	22	10% ESS	20	10% FCS	NI	64–72	59–75	38–54	NI	Souza, et al. (2013) [66]
Sheep	LOPU	80 (415)	10% FCS	24	20% ESS	20	5% FCS	NI	72–76	39–42	28–32	Embryo transfer	Prak, et al. (1999) [20]
Sheep	LOPU	83 (142)	10% FCS	24	2% ESS	20	2% ESS	74	27	37	10	NI	Berlinguer, et al. (2007) [37]
Sheep	LOPU	85 (512)	10% FCS	24–26	10% ESS	NI	—	NI	93	62	NI	Embryo transfer	Cox and Alfaro (2007) [30]
Sheep	Slaughterhouse	NI (292)	10% FCS	24	20% ESS	18	—	75	73	26	19	NI	Wang, et al. (2012) [86]
Sheep	Slaughterhouse	NI (482)	10% FCS	24	20% ESS	22	10% FCS	NI	79–82	39–40	32	Vitriification	Shirazi, et al. (2012) [113]
Sheep	Slaughterhouse	NI (5035)	—	24	20% ESS	20	—	NI	79–84	38–52	30–42	Embryo transfer	Mara, et al. (2013) [51]

These values obtained above are related only to adult females.

Abbreviations: COC, cumulus-oocyte complex; EGS, estrus goat serum; ESS, estrus sheep serum; FCS, fetal calf serum; FF, follicular fluid; IVD, *in vitro* development; LOPU, laparoscopic ovum pick-up; MII, metaphase II; NI, not informed.

<sup>a</sup> Only biological fluids supplements are indicated; see cited articles for more details.

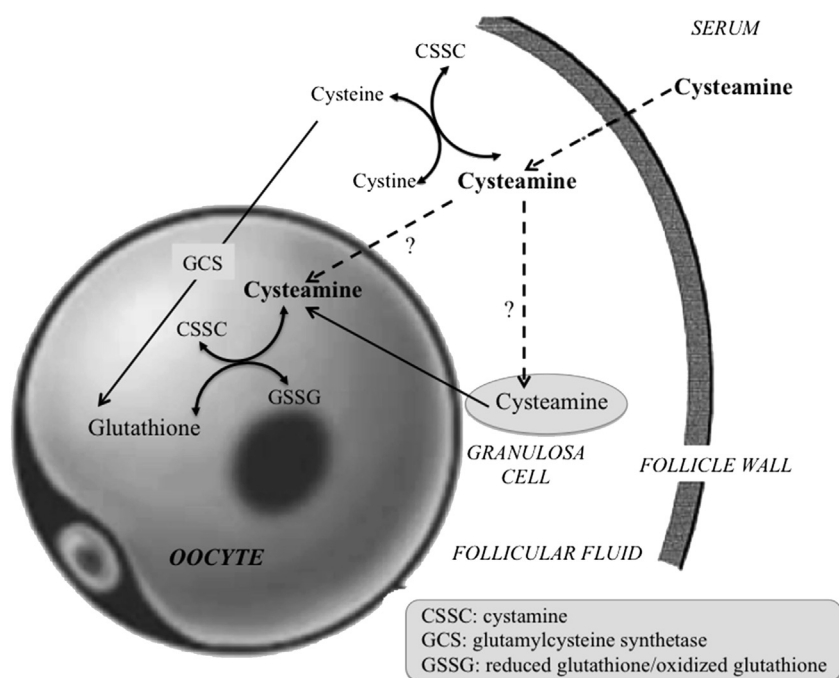
<sup>b</sup> MII rate represents the rate of oocytes reaching nuclear maturation.

<sup>c</sup> Cleavage rate represents the number of cleaved oocytes in relation to the number of oocytes entering to maturation.

medium has been shown to improve matured oocyte quality in several species [62,68]. Cysteamine is a stable permeating precursor of glutathione (GSH) metabolism (Fig. 3) which increases the reduced GSH content of matured oocytes, improving their post-IVF viability by facilitating sperm nucleus decondensation and pronuclei formation [69]. The effects of cysteamine, cystine, and cumulus cells on the GSH synthesis were intensively evaluated, and the highest blastocyst rate was achieved only at 100  $\mu$ M cysteamine or 200  $\mu$ M cystine, with blastocyst rates decreasing at higher concentrations. When both were added, the blastocyst rate was further increased for goat COC. Interestingly, the authors reported that the improvement of denuded oocytes required for the supplementation of both cystine and cysteamine [28]. Also, significant amounts of cysteamine have been detected in the FF of the cow, sow, goat, and dog [70]. These simplified maturation conditions (TCM 199, EGF, cysteamine) provide good and reliable results in terms of cleavage and development rate [66,69] for slaughterhouse-derived COC. However, recent experiments performed in our laboratory observed that LOPU-derived COC may have different requirements during IVM and more complex media would be necessary to achieve high IVP rates (article accepted for publication).

The alteration of basic maturation conditions can significantly affect oocyte competence as reflected by the morula and blastocyst yield after IVF [71]. The use of vitamins in IVM also promoted beneficial effects in overall blastocyst development, cleavage rate, and in the mean number of blastocyst cells [72]. It was shown [71] that cleavage rate and developmental capacity of cleaved ovine oocytes matured in undefined medium (FCS) were higher than those matured in semidefined (BSA) or defined medium (polyvinyl alcohol). This result indicates that serum may have an additional effect beyond EGF, insulin-like growth factor 1 (IGF-1), and cysteamine leading to a better completion of cytoplasmic maturation in oocytes. Serum is a highly complex combination of components, including proteins, fatty acids, vitamins, trace elements, hormones, and growth factors [73]. The same group demonstrated later that the maturation media containing FCS supplemented with human menopausal serum, estrous sheep serum, or estrous goat serum supported better rates of IVM, IVF, and embryo development than bovine or ovine FF [74]. Also in the presence of FCS, the supplementation with GH or FSH reached similar blastocyst rates, but a lower rate was obtained when both hormones were concomitantly used [75]. Different interactions may exist among the substances, and more studies are needed to establish which molecules or combinations to optimize this step [76]. Regarding IVM physical conditions, the literature does not vary considerably, and IVM is usually performed incubating COC in large groups (50–70) in four-well plates with 500  $\mu$ L of medium, under 5% CO<sub>2</sub> in air at 38 °C to 39 °C with maximum humidity for 22 to 27 hours [16,30,66].

Another way to improve the whole success of IVP would be to increase the intrinsic quality of the oocytes before IVM by allowing them to complete *in vitro* the late differentiation process that occurs into the growing follicle *in vivo* [56]. This prematuration step would require mimicking *in vitro* the meiotic inhibition signal provided by



**Fig. 3.** Metabolism of cysteamine in the oocyte and its environment. Cysteine readily autoxidizes to cystine in the extracellular fluid; once it enters the cell, cystine is rapidly reduced to cysteine. Inside the cell, the majority of cysteine is incorporated into glutathione. Adapted from Guérin, et al. [142].

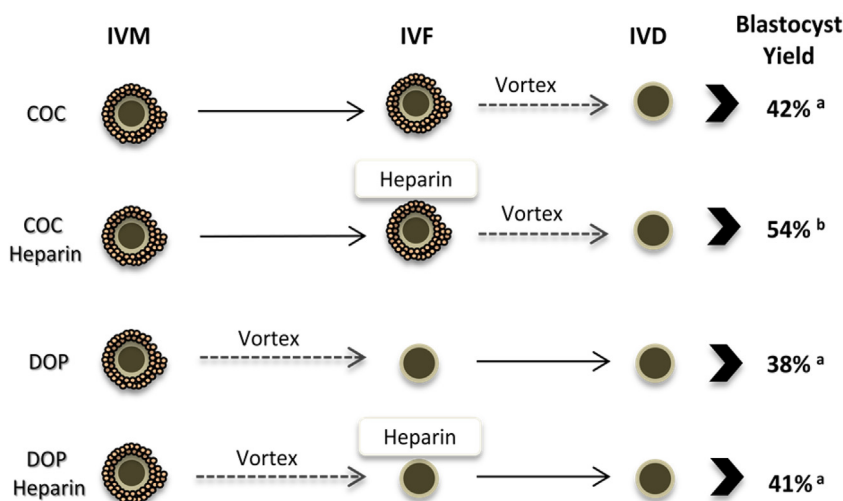
the follicle, to allow the oocyte to continue his transcription and translation activities at the germinal vesicle stage. The key element of meiotic resumption control cascade in the mammalian oocyte is the M-phase-promoting factor (MPF) kinase, which can induce chromosome condensation, germinal vesicle breakdown, and spindle formation by phosphorylating specific target proteins [55]. Several chemical methods aimed at inhibiting MPF activation [77] or MPF kinase activity [78] have been proposed. These methods provided an efficient meiotic block *in vitro* but did not allow positive progression of treated oocytes toward improved competence, because several MPF-independent pathways related to maturation were still activated [79]. More recently, some interesting results have been obtained in cattle by targeting upstream of MPF activation, such as phosphodiesterase 3, the enzyme which regulates cAMP level in cumulus cells, and in turn MPF activation in the oocyte [80]. This more physiological inhibition process is able to increase final oocyte intrinsic quality before gonadotropin addition allowing meiotic resumption. In addition, the same group showed that oocyte secreted factors could be involved in an autocrine–paracrine manner in the regulation of oocyte quality [81]. Such oocyte-secreted factors have been shown to increase the developmental competence of prepubertal goat oocytes [82]. These interesting findings may open the way for new improvement of IVM success in small ruminants.

#### 4. *In vitro* fertilization

The IVF technique should be able to produce embryos using both female and male gametes. Studies of sperm capacitation for IVF purposes have provided evidence that

male variability, the origin of sperm (ejaculated or cauda epididymal, fresh or frozen-thawed), and the presence of seminal plasma play crucial roles in embryo IVP in cattle [58]. Either fresh or frozen-thawed semen can be used to fertilize matured oocytes. In any case, it is essential to assess live or dead sperm cells. IVF rates after Percoll or swim-up separation of motile spermatozoa did not differ significantly, regarding the rates of single pronucleus formation, normal fertilization with two pronuclei, and polyspermic fertilization in goats [59].

It has been suggested that procedures used in bovine IVP can be applied in small ruminants after minimal modifications, mainly during sperm capacitation and IVF, such as the reduction in the centrifugation speed and the addition of sheep serum in IVF medium for spermatozoa capacitation [30]. Capacitation is a crucial process that mammalian sperms require to achieve fertilizing ability, and the importance of capacitating agents for the success of IVF has been already described in many species [59]. Heparin has been shown to increase fertilization rate in cattle [83], and is thus widely used for spermatozoa capacitation in this species. Similarly, there are some reports confirming the role of heparin in goats and sheep [30,38]. However, some studies indicate an adverse effect on fertilization [84] or reduced embryo development and quality [85]. Interestingly, an alternative effect of heparin occurred when using goat fresh or frozen-thawed sperm, probably because of a capacitating action of sperm freezing [38]. We have recently demonstrated that greater numbers of blastocysts were obtained from COC fertilized in the presence of 5 µg/mL heparin than those without heparin, suggesting that the addition of heparin to the fertilization medium improves sperm capacitation of frozen-thawed



**Fig. 4.** Effect of culturing goat oocytes during IVF as intact cumulus-oocyte complexes (COCs) or denuding them before IVF (DOP), and the absence (–) or presence (+) of heparin in the IVF medium on the blastocyst production at 8 days postinsemination of goat embryos [66]. IVD, *in vitro* development.

goat sperm [66] (Fig. 4). The treatment of sperm with ionomycin has also been shown to increase the fertilization rate in goats [97].

Regarding IVF conditions for small ruminants, sperm concentrations vary from one to  $3.5 \times 10^6$  cells/mL (depending on the male and IVF system) with sperm and oocytes coincubated for 16 to 20 hours at 38 °C to 39 °C in humidified atmosphere of 5% CO<sub>2</sub> in air [5,30,38]. In our laboratory, we routinely use a pool of two or three straws from different males [15], because this may increase the repeatability of IVF results (unpublished observations). In prepubertal goat oocytes, it was possible to achieve elevated sperm penetration with  $4 \times 10^6$  cells/mL without increasing polyspermy [87], which is a major concern when using a high sperm concentration. In sheep and goats, polyspermy is the main abnormality detected after IVF, affecting almost 20% of the inseminated oocytes, much higher than what is observed *in vivo* [88]. Some recent sheep IVF data show that sex-sorted spermatozoa elicit equal or greater cleavage and blastocyst rates than nonsorted spermatozoa [89]. Despite its interesting applicability, there are no reports related to the use of sexed spermatozoa in goat IVF.

A high variation is observed between bucks or rams and also between ejaculates from the same animal in terms of fertilizing ability *in vitro* and embryo development [90]. Currently, in most IVP laboratories, male selection is based on their capacity to fertilize oocytes in previously established IVF conditions. This practice could make it easier to solve the problem and maintain IVP. However, genetic IVP requires the use of a specific male, which is generally of unknown *in vitro* fertility. To make this technique more applicable in the field, these variations should be better understood and IVF conditions optimized for each specific male of interest. This optimization should be based on the number of spermatozoa used and/or heparin concentration. A capacitation treatment before insemination could be tried for lower fertility males.

The appropriate time of cumulus cell removal from oocytes during IVP also remained controversial. Evaluating

recent studies, some reports describe that oocytes are denuded immediately after IVM [7,16,50,63], just after IVF [30,48] or even partially denuded after IVM with cumulus-free presumptive zygotes denuded after IVF [74]. Without direct comparison of these two procedures, it is difficult to precisely analyze their respective interests. In our laboratory, cumulus oophorus was usually removed after maturation, before IVF [4]. Nonetheless, we recently demonstrated the importance of cumulus cells during the IVF process [66] and currently, goat COCs are denuded just after IVF (Fig. 4). This parameter may also be important while setting up conditions adapted to specific males, with the presence of cumulus cells being able to regulate the sperm capacitation process.

### 5. *In vitro* development and embryo quality

After IVF, the presumptive zygotes are removed from the fertilization medium, and placed in an embryo culture medium that allows the development up to a stage that is compatible with its transfer to the recipient uterus. It has been clearly demonstrated in cattle that although the rate of success of IVP in terms of blastocysts yield relies on the oocyte's intrinsic quality and maturation conditions, the quality of the resulting blastocysts (cryosurvival, viability) relies on the conditions encountered during earlier steps of development [91]. It was demonstrated that bovine *in vitro*-derived embryos show certain differences when compared with embryos produced *in vivo* in relation to their morphology, timing of development, resistance to low temperature [92], embryo metabolism [93], and especially gene expression [94]. One of the most dramatic effect of *in vitro* environment is the modification of embryo lipid metabolism leading to increased storage of triglycerides and decreased phospholipid production [95], translating into altered membrane fluidity, and in turn, lower cryoresistance. *In vitro* conditions may also induce sex-ratio deviation, because of metabolic advantage of male embryos in *in vitro* environment [96].



Although different culture media have been successfully used for small ruminant embryo development such as TCM 199 [97,98], Menezo B2 [38,63], potassium simplex optimized medium [99], Sydney IVF blastocyst medium [7,8], the most widely used medium is the synthetic oviduct fluid (SOF). First developed for sheep embryos [100], the SOF medium has then been used and adapted for other species like cattle [101], pig [102], and goat [1]. Sequential media (G1.2/G2.2, CR 1 aa), more adapted to changing embryo requirements have also been successfully used for small ruminants [28,103]. To ensure embryo confinement, which facilitates the action of autocrine factors known to stimulate early development, embryos are usually cultured in mineral oil overlaid droplets of medium (1  $\mu$ L per embryo) [17]. This confinement improves the development to the blastocyst stage [104]. This is particularly important when working with LOPU, because a high variation in female response can be observed, and in any case, the number of embryos per female remains low.

Embryo development media are usually supplemented with various protein sources (BSA, FCS, growth factors), although these supplements may be associated to “large offspring syndrome” in several species, including small ruminants [105]. Indeed, serum can induce morphologic and physiological differences in embryos [74]. Therefore, a chemically defined medium for culturing IVP embryos may allow to overcome some inconvenient of the use of complex biological additives such as serum (sanitary risks, batch effect, large offspring syndrome, and embryo metabolic defects), but results still consist in lower development. Consequently, while setting up IVP conditions, it is important to evaluate the quality of the embryos produced in addition to the final rate of development. It is also important to keep in mind that early embryos, as any eukaryotic cells, have active securities to recognize genome abnormalities and consequently block the cell cycle progression, and drive the affected cell to apoptosis [106]. Therefore, selecting fast-growing embryos or accelerating development kinetics by modifying culture conditions may favor embryos, which lost their protections against genetic abnormalities and finally lead to the transfer of genetically defected embryos.

The best way to assess embryo quality or viability is to check their capacity of establishing pregnancy after transfer to recipients and consequently give birth to normal offspring. However, as embryo transfers are costly in domestic species, various methods have been proposed to approximate embryo quality in laboratory experiments. Some reliable indicators of embryo viability are the evaluation of the level of expression of specific gene sets, embryo metabolism, kinetic of development, and the resistance to cryopreservation [18]. The lower quality of IVP embryos is probably because of inappropriate culture conditions compared with natural maternal environment. Early development taking place in the oviduct, many studies have been aimed at understanding the physiology of this organ [107], and to mimic *in vitro* its beneficial effect on embryo quality. Indeed, developing IVP embryos in oviducts of a transient recipient allows reaching the same level of quality than *in vivo*-derived embryos [45]. This recipient female could be from another species; ewes or rabbit does being the most frequently used, although mouse oviducts

could also provide valuable results [108]. However, because this methodology is laborious and requires the presence of transient recipients and two surgeries, efforts have been done to reproduce this maternal environment in culture.

The first successes of ruminant embryo development up to the blastocyst stage *in vitro* have been obtained by using coculture systems involving oviduct epithelial cells [109]. Further evolution of this technique involved the use of new media especially designed to support early embryo development based on the composition of oviduct fluid, such as SOF medium [110]. Rodríguez-Dorta, et al. [16] used the SOF medium on goat oviduct epithelial cells (GOEC) monolayers for coculture of goat IVP embryos to evaluate the effect of cells on embryo survival after vitrification. Although the rate of zygotes reaching the blastocyst stage was significantly higher in SOF (28%) as compared with GOEC (20%), after direct transfer of vitrified-thawed embryos, kidding rate and embryo survival rate were significantly higher in GOEC coculture (Table 2).

The oviducts used to generate GOEC primary cultures come usually from slaughtered animals, and because of heterogenous cell origin, they can introduce some variability. Therefore, further research using more reliable GOEC coculture or purified GOEC factors is still required in view to enhance the success rate of IVP in goats. Goat IVM/IVF oocytes were successfully cocultured with GOEC that were simultaneously collected at the same moment as immature oocytes [38]. However, in cases when LOPU is applied, there is no opportunity to collect oviduct epithelial cells. An interesting possibility would be to use oviducts from other species (cattle), easier to obtain and providing high number of cells. Indeed, the positive effect of OEC is not species specific [114], and we obtained similar results with BOEC (bovine cells) than those described for GOEC (goat cells), in terms of development rate and quality (article in preparation). Surprisingly, porcine cells were even more effective in supporting bovine embryos development than with bovine-derived cells [115]. The mechanisms of the beneficial effects of coculture are not well understood. Oviduct hosts the first events of reproduction, such as oocyte maturation, selection, transport, and storage of sperm, fertilization of the ovum, early embryonic development [116]. These activities may rely on the production of embryotrophic factors by oviduct cells, the depletion of potentially harmful substances, the modification of the medium components to better fit embryo requirements or even the modification of physico-chemical environment parameters such as pH or oxygen concentration [117]. In addition, the oviduct may act on early reproductive processes through a combination of these mechanisms.

Regarding embryo quality, as described previously, COC morphology evaluation before IVM is not sufficient as a good predictor of oocyte intrinsic meiotic competence [40]. Han, et al. [26] showed that developmental competence of goat oocytes with the same COC morphology, follicle size, and grade of cumulus expansion may be different. This strongly indicates that the developmental potential of an oocyte is determined by multifactorial interactions. Researchers have begun to study the relationship between oocyte quality and their competence to develop up to blastocyst after IVF. Epidermal growth factor receptor may

**Table 2**

Success rate after direct transfer of goat IVP embryos cultured in different development systems.

Treatment	Recipients (n)	Embryos (n)	Pregnant goats at		Kidding	Kids born
			Day 34, n (%)	Day 90, n (%)	n (%)	n (%)
SOF fresh	13	26	12 <sup>a</sup> (92)	12 <sup>a</sup> (92)	12 <sup>a</sup> (92)	16 <sup>a</sup> (62)
SOF vitrified	29	58	6 <sup>b</sup> (21)	4 <sup>b</sup> (14)	4 <sup>b</sup> (14)	5 <sup>b</sup> (9)
GOEC vitrified	18	36	13 <sup>a</sup> (72)	10 <sup>c</sup> (56)	10 <sup>c</sup> (56)	12 <sup>c</sup> (33)

<sup>a,b,c</sup> Values with different superscripts in the same column are significantly different ( $P < 0.05$ ).

Abbreviations: GOEC, goat oviduct epithelial cells; SOF, synthetic oviduct fluid. Adapted from Rodriguez-Dorta, et al. [20].

indeed be a good candidate marker for indirect prediction of goat oocyte quality [40]. Nonetheless, fewer and less conclusive results have been obtained about the relationship between oocyte and blastocyst quality. It was suggested that the conditions of embryo culture have a crucial role in determining blastocyst quality [48,118].

The investigation of molecular markers using highly sensitive techniques, such as microarray and real-time polymerase chain reaction, is a promising approach for studies in COC gene expression for a better inference of oocyte competence to development [57,119]. Successful embryonic development is dependent on a rigorous, time- and site-specific gene expression program of appropriate genes. Identification of these differentially expressed genes and the analysis of their pattern of expression are powerful tools to gain information about functions relevant to processes such as the oocyte competence. These biochemical markers for embryo development would be able to improve pregnancy by optimizing oocyte and embryo selection. The differentially expressed genes may be important markers of the oocyte's ability to reach the blastocyst stage, and allow direct assessment of the fertility potential of an individual oocyte without compromising its integrity [57]. A first class of genes is required for normal folliculogenesis and fertilization. Other genes are maternal effect genes, i.e., they are dispensable until fertilization but essential for proper embryo development. Besides those, there is some functional importance of other oocyte-enriched genes that remains to be assessed [120]. Moreover, some important research could be done to evaluate the genic expression profile of LOPU or slaughterhouse-derived oocytes.

## 6. Related technologies

### 6.1. Cloning and transgenesis

Some biotechnologies associated with genetic engineering, such as transgenesis and cloning, are strongly related to the IVP methods. Additionally, small ruminants are presented as an excellent model for these techniques. Tremendous interest in cloning has been generated in the recent years. It is the asexual production of genetically identical animals that can be obtained by nuclear transfer (NT). The NT involves the transfer of nuclei from serum-starved fetal or adult cells into enucleated oocytes matured *in vivo* or *in vitro*. Fetal fibroblast cell or a variety of adult cells can be used. Since the birth of "Dolly" [121], a ewe derived from the transfer of an adult somatic cell to an enucleated oocyte, research on cloning of somatic cells has gained force. In goats, several reports have been published

about the birth of clones, most of these reports pertaining to the production of genetically modified animals [122,123].

A transgenic animal may be defined as one containing recombinant DNA molecules in its genome that were introduced by genetic engineering manipulation. Transgenic small ruminants are mainly produced by two techniques: NT [122,123] and pronuclear microinjection of DNA [124]. Recently, however, Pereyra-Bonnet, et al. [125] obtained transgenic sheep embryos using the sperm-mediated gene transfer technique. After the birth of first transgenic mammal [126], transgenic sheep were obtained few years after that [127]. On the other hand, goat is particularly an efficient system of producing recombinant proteins as they produce considerable amounts of milk and incur lower investment and maintenance costs than cows. Currently, the human antithrombin III produced by transgenic goats is the unique recombinant protein from animal bioreactor that was approved for clinical use in Europe [128], and in the United States [129]. Other examples of human recombinant proteins expressed in the milk of transgenic goats are alpha-1-antitrypsin, blood clotting factor IX, granulocyte colony-stimulating factor, growth hormone, prolactin, and tissue plasminogen activator [130]. Thus, the transgenic technology was validated using a goat model as a viable alternative method for the production of recombinant pharmaceutical proteins.

### 6.2. Manipulation of preantral follicle-enclosed oocytes in goats and sheep

Preantral follicles (PFs) form a far larger oocyte reservoir (90% of all ovarian follicles) compared with the number of antral follicles. However, the majority (99.9%) of preantral and antral follicles become atretic during their growth and maturation. Therefore, recovery of PFs before atresia followed by IVC might increase the availability of fertilizable oocytes, enhance the knowledge of the mechanisms involved in ovarian folliculogenesis, complement other reproductive technologies such as IVP, nuclear transfer, transgenic animal production, embryonic stem cell development, and aid in studies on reproductive toxicology.

Taking into consideration that farm or endangered animals are normally found far away from the laboratory, one extremely important step is the preservation of ovarian tissue during transportation. This step aims to ensure good quality oocytes enclosed in PF for further cryopreservation and/or IVD. Experiments performed by our group demonstrated that the best temperature for the transportation of caprine or ovine PFs enclosed in ovarian tissue is 4 °C independent of the media used. Methods for the isolation of

caprine PFs include mechanical and enzymatic procedures. Although mechanical isolation of PFs is mainly performed using 25-ga needles [131] or a tissue chopper [132], enzymatic isolation is performed by proteolytic digestion, incubating the ovarian tissue with nonspecific enzymes such as collagenase [129] or trypsin [133].

Preantral follicles, isolated or enclosed in the ovarian tissue, can be cryopreserved by applying conventional slow freezing or vitrification methods. Both methods are efficient and possess advantages and disadvantages. Recently, we have shown that ovarian tissue-enclosed PFs from sheep and goats respond differently to the same cryopreservation protocol [134]. Furthermore, caprine PFs present some peculiarities that might influence cryopreservation, such as the absence of concentration of cytoplasmic components in the juxtannuclear region as observed in other species [135]. Recovery of gonadal function and harvesting of mature viable oocytes after autotransplantation of frozen-thawed caprine ovarian tissue are the best results reported so far [136]. In addition, using this procedure, live offspring were produced in sheep [137].

Caprine PFs are usually cultured either in ovarian cortical slices or after isolation. Although IVD of PFs enclosed in cortical slices is practical, non-timeconsuming, maintains three-dimensional follicle architecture, and preserves interactions between follicles and surrounding stroma cells, the cortical tissue may act as a barrier to IVD medium perfusion, resulting in the loss of PFs to apoptosis. In addition, the growth of primordial follicles only until the secondary stage is physically possible as the cortex pieces are unable to support antral follicle development [138]. Conversely, IVD of isolated PFs allows monitoring of individual follicles throughout the growing period, but is time consuming, may be affected by the isolation procedure, demands more sophisticated IVD systems, and is often applied to secondary and not to primordial and primary follicles. A major achievement was the IVD of isolated secondary PFs up to antral stages and subsequent production of mature oocytes and embryos in goats [139] and sheep [140].

## 7. Conclusions

*In vitro* embryo production has a great potential for efficient propagation of valuable females after obtaining oocytes generated by LOPU or slaughterhouse ovaries. However, oocyte and embryo physiology need to be better understood to improve the technique and to produce a large number of good quality embryos of high genetic merit for production traits or for biodiversity preservation.

Three different research lines appear promising in this view:

- Based on the comparison of requirements between LOPU and slaughterhouse oocytes and on new meiotic inhibition strategies, it would be possible to set up innovative maturation treatments beneficial to the oocyte's intrinsic quality.
- The fertilization step of IVP should be adapted to be able to use any male for IVP. A systematic check of the most appropriate IVF parameters with slaughterhouse oocytes should be designed and used for any new male.

- A deeper study of oviduct embryo interaction and dialogue will allow identifying the embryotrophic factors produced by the oviduct epithelium. These factors could then be used as supplement of semidefined culture media.

Finally, *in vitro* technologies ignite new hopes for increased accuracy of selection scheme and improved efficiency of genetic gain.

## Acknowledgments

J.M.G. Souza-Fabjan was supported by CAPES and Ceará State University. The authors wish to thank CAPES-COFE-CUB bilateral framework for financial support of collaboration between the Ceará State University and INRA on goat IVP (Grant 728/11, 2011–2013). This work was supported by a grant from Région Center, France (PIVER program, #200800030493, 2008–2011). We thank Michael J. Bertoldo for proof reading the manuscript.

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