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Serum profile of cytokines interferon gamma and interleukin-10 in ewes subjected to artificial insemination by cervical retraction

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ABSTRACT

This study evaluated the influence of artificial insemination (AI) by cervical retraction (CRI) on serum levels of interferon gamma (IFN γ) and interleukin-10 (IL-10) in ewes. Synchronized pluriparous Santa Inês ewes were subjected to natural mating (NM, $n = 8$) and AI, which was performed for a fixed time (55 ± 1 hour) by CRI ($n = 8$) or laparoscopy ($n = 8$). Ewes were classified as pregnant, with return to estrus (RE) or with embryonic loss (EL). Blood samples were collected on Day 0, Day 3, Day 5, Day 12, and Day 17 (Day 0 = AI/NM) for progesterone dosage and cytokines were quantified from Day 0 to Day 12. Progesterone levels were constant, except for a decrease in ewes with RE at Day 17 ($P < 0.05$). Regardless of the reproductive method used, there was no difference in the IFN γ and IL-10 levels at any time, with averages of 642.1, 713.2, and 741.2 pg/mL for IFN γ and 667.1, 616.8, and 721.1 pg/mL for IL-10 when using CRI, laparoscopy, and NM, respectively. Regarding the physiological status, ewes with EL had lower serum levels of IFN γ and IL-10 than pregnant ewes and ewes with RE, regardless of the reproductive method used, with averages of 769.1, 714.9, and 555.7 pg/mL for IFN γ and 713.8, 699.3, and 578.7 pg/mL for IL-10 in pregnant ewes, ewes with RE and EL, respectively ($P < 0.01$). In conclusion, AI by CRI in Santa Inês ewes does not alter the profile of serum cytokines IFN γ and IL-10 and does not induce an inflammatory reaction that can compromise pregnancy.

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1. Introduction

Intrauterine artificial insemination (AI) in sheep with the use of frozen semen still faces obstacles. Despite laparoscopy giving the best fertility results, it is not widely used because of its high costs and need for anesthetic procedures and specialized personnel [1]. To circumvent these limitations, transcervical AI technique was developed, which enables the intrauterine deposition of semen through the cervical canal [2].

However, transcervical AI has yet to become a widely used technique, owing mostly to the sinuousness of the sheep cervix and its variable fertility success rate [3,4]. Several alternatives have been created to improve the performance of transcervical AI, including the use of cervix-dilating drugs [5–7] and development of tools adapted to the cervical anatomy [8–10].

Some studies suggest that cervical handling may cause tissue damage, thereby altering the uterine environment by proinflammatory cells, which could subsequently result in loss of fertility or embryonic death [11–13]. The immune system plays a decisive role in reproduction, because it protects the organism against external pathogens and

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modulates the process that avoids rejection of a “semi-allograft” conceptus [14].

Cytokines are a heterogeneous and pleiotropic group of hydrosoluble extracellular polypeptides or glycoproteins with molecular weights ranging from 5 to 100 kDa. They are chemical signals that trigger biochemical cascades, resulting in the production of other cytokines, and ultimately regulating the inflammatory response [15].

T-helper 1 (Th1) cytokines are considered as proinflammatory and T-helper 2 (Th2) cytokines as anti-inflammatory. In the reproductive system, both contribute to the communication among cells, and they are not only secreted by embryos but also by peripheral blood lymphocytes, macrophages, endometrial cells, and cells from the uterine tubes [16].

Interferon gamma (IFN γ) is one of the main cytokines secreted by Th1 cells. Activated monocytes secrete proinflammatory interleukins (ILs) IL-12, IL-15, and IL-18, which enhance the cytotoxic activity of natural killer (NK) cells and CD4 + CD8 + T cells. Consequently, paracrine and systemic IFN γ secretion activate cytolytic and cytotoxic immunity [17,18]. On the other hand, IL-10 is an important Th2 cytokine secreted by several immune and nonimmune cells, which induces the production of antibodies through B cells and regulates the release of Th1 cytokines. Thereby, playing immunosuppressant and tolerogenic roles [19,20].

Numerous studies indicate that some extent of systemic or uterine inflammation is necessary for the normal process of embryo implantation, which demands a Th1/Th2 balance that can successfully control the maternal immune system response against conceptus tissues [21,22]. Tissue or systemic alterations that markedly disturb that Th1/Th2 balance may cause reproductive disorders such as infertility, embryonic loss (EL), and abortion [23,24].

Considering the inconsistency in fertility rates of transcervical AI, compared with those of laparoscopy [3,13], we hypothesized that cervical manipulation can lead to inflammatory reaction capable of raising serum Th1/Th2 ratio, thereby threatening the viability of the embryo. Thus, this study aimed to evaluate the influence of AI by cervical retraction on serum IFN γ and IL-10 levels in Santa Inês ewes.

2. Materials and methods

2.1. Animals and treatments

The experimental procedures performed in this study were approved by the Ethics Committee in the Use of Animals of the Southwest Bahia State University, under protocol no. 68/2014.

The study was conducted in the sheep farming station of the Santa Cruz State University, Ilhéus, Bahia, (14°47'20"S, 39°02'56"W). Twenty-four Santa Inês pluriparous ewes from commercial herds (4–8 years, weighing 52.20 ± 4.60 kg, with a body condition score 3.4 ± 0.4 , scale 0–5 [25]) were used. One ram and four teaser males were also used. Animals grazed in pastures of *Brachiaria humidicola* from 8 AM to 4 PM and were supplemented with *Pennisetum purpureum* and corn/soy-based concentrates (15% crude protein) at a rate of 400 g/animal/day. Vitamin-mineral premix (Guabiphos Ovinos AE; Guabi, Brazil) and water were

available ad libitum. Hormonal protocol consisted of intravaginal sponges containing 60 mg of medroxyprogesterone acetate (Progespon; Zoetis, Brazil), which were kept in place for 12 days. After sponge withdrawal, 200 IU i.m. of eCG (Folligon, MSD Saúde Animal, Brazil) was administered. Ewes were bred using transcervical AI by cervical retraction (CRI, n = 8), AI by laparoscopy (LAI, n = 8), or natural mating (NM, n = 8). AI was conducted 55 ± 1 hour after eCG administration. In the NM group, ewes were mated in the subsequent natural estrus to the hormonal protocol.

For the CRI, the ewes were kept standing in a cradle (standing position). After the vulvar region was sanitized, a 15-cm vaginal speculum with a light source was used to visualize the cervical os, and the cervix was retracted out to the vulvar opening. Fixation was achieved using two 25-cm Allis tweezers. Next, a 12-cm metal applicator containing a mandrel (Aplicador Expansor Ovino; Alta Genetics, Brazil) was used to cross the cervical rings as much as possible; then, a 0.25-mL straw was introduced, containing the commercially available frozen-thawed semen.

The LAI procedure was adapted from Evans and Maxwell [26]. The ewes were previously submitted to a 24-hour fasting period. Afterward, their abdominal regions were shaved and disinfected, and the ewes were placed in a special cradle in dorsal recumbency at an angle of 60°, with their hind feet raised. Local anesthesia was performed by injecting lidocaine hydrochloride 2% (Anestésico L; Pearson, Brazil) at two abdominal points near the uterine horns. After making two small incisions, two trocars were inserted: one to introduce the laparoscope (Karl Storz, Germany), and the other one for multiple uses: pumping air, using a handler to locate the uterus, or introducing the insemination pipette with a puncturing end. Once the uterine horns were located, the insemination was performed with the frozen-thawed semen, using half of the dose (0.25 mL) for each uterine horn.

2.2. Progesterone dosage

To establish serum progesterone (P₄) concentration, blood samples were collected from the ewes on Day 0, Day 3, Day 5, Day 12, and Day 17. Day 0 corresponds to the day when the AI or NM was performed. The samples were collected from the jugular veins using needles and vacuum blood collection tubes with no anticoagulant (BD Vacutainer; England). The samples were centrifuged at $1500 \times g$ for 10 minutes and the obtained serum was stored in a freezer at -20 C. Hormone dosing was performed with duplicate samples through a radioimmunoassay in the Animal Reproduction Laboratory of the Federal Fluminense University, Rio de Janeiro. In order to quantify P₄, a progesterone radioimmunoassay kit (IM1188, Beckman Coulter; Immunotech, Czech Republic) was used, with a sensitivity of 0.05 ng/mL and with intraassay and interassay coefficients of variation of 6.5% and 7.2%, respectively.

2.3. Reproductive rates and physiological status

Non-return to estrus (RE) was determined with the aid of teasers up to 21 days after AI or NM. The pregnancy diagnosis was conducted through ultrasonography

(Falco Vet 100, Pie Medical, Netherlands), with a rectal transducer at 8 MHz, at 35 days after AI or NM. The ewes were characterized as pregnant, with RE or with EL considering estrous cycle analysis, serum progesterone concentration and ultrasonographic diagnosis.

2.4. $IFN\gamma$ and IL-10 dosage

Duplicate serum samples from Day 0, Day 3, Day 5, and Day 12 were used to detect cytokines $IFN\gamma$ and IL-10. Using specific ovine commercial ELISA kits (Neobiolab, USA), 96 well polystyrene plates were previously sensitized with anticytokine antibodies. Control cytokine samples were used at concentrations of 1000 pg/mL and 50 pg/mL to establish the standard curve 100 μ L serum samples, which had been previously diluted in buffer by 1:10, and 100 μ L standard concentration samples were added to a microplate, simultaneously with 30 μ L of a conjugate of the corresponding cytokine with peroxidase. After being incubated in a humid chamber at 37 C for 1 hour, the plate was washed five times in an automated washer (Termo Scientific, USA) with 0.05% PBS Tween. After adding 50 μ L of substrate solution (tetramethylbenzidine), the microplate was incubated in the dark at room temperature for 15 minutes. The reaction was interrupted with sulfuric acid 1M. The spectrophotometric reading was performed in the microplate reader (Thermoplate) at a wavelength of 450 nm.

2.5. Statistical analysis

Subjects were grouped according to the reproductive method (AI by CRI, LAI, or NM), or pregnancy diagnosis (pregnant, with RE, or having undergone EL). The progesterone concentration data were analyzed and the means were compared using the Student-Newman-Keuls method (PROC GLM, SAS, version 9.1). Differences were considered significant when $P < 0.05$. The data regarding serum levels of cytokines ($IFN\gamma$ and IL-10) were analyzed and the means were compared using the Tukey's test (GraphPad Prism, version 6; GraphPad Software, USA). Differences were considered significant when $P < 0.01$.

3. Results

The rate of RE was 25% in the NM group and 37.5% in both CRI and LAI groups. The pregnancy rate was 62.5% in NM ewes and 37.5% inseminated ewes (CRI or LAI). Total ELs were 12.5% in the NM group and 25% in the CRI and LAI groups.

The serum levels of P_4 were similar until Day 12 in pregnant ewes, ewes with RE and EL, with mean values of 0.75, 1.14, 2.28, and 5.01 ng/mL on Day 0, Day 3, Day 5, and Day 12, respectively. On Day 17, P_4 levels in pregnant ewes and ewes with EL remained high (5.98 and 5.32 ng/mL) and were higher than those in ewes with RE ($P < 0.05$), in which a marked reduction to 0.63 ng/mL was observed (Fig. 1).

Throughout the following estrous cycle (Day 0, Day 3, Day 5, and Day 12), the serum levels of cytokines were similar for the different reproductive methods, with means of 642.1, 713.2, and 741.2 pg/mL for $IFN\gamma$ and 667.1, 616.8, and 721.1 pg/mL for IL-10 in ewes that were submitted to

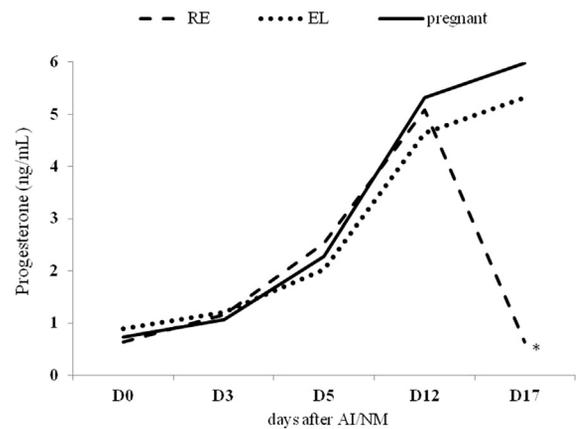


Fig. 1. Serum progesterone (mean) of pregnant ($n = 11$) Santa Inês ewes, with EL ($n = 5$) or RE ($n = 8$), regardless of the reproductive method used (AI: artificial insemination; NM: natural mating). *Mean with superscript differs ($P < 0.05$) from others within this same day. AI, artificial insemination; EL, embryo loss; NM, natural mating; RE, return to estrus.

CRI, LAI, or NM, respectively, although a greater variation was observed within the CRI group, with minimum and maximum values of 44.0 and 890.0 pg/mL, respectively, when compared to the LAI (220.0 and 907.0 pg/mL) and NM (368.0 and 860.0 pg/mL) groups.

Regarding the physiological status, the serum cytokine levels were shown to be lower in ewes that underwent EL than in pregnant and ewes with RE ($P < 0.01$), regardless of the type of insemination. $IFN\gamma$ levels were 769.1, 714.9, and 555.7 pg/mL, and IL-10 levels were 713.8, 699.3, and 578.7 pg/mL for pregnant, ewes with RE, and ewes having undergone EL, respectively (Fig. 2). The $IFN\gamma/IL-10$ ratio remained at 1.07, 1.02, and 0.96, in that same order.

4. Discussion

The proportion of pregnant ewes to those with RE was higher in the NM group than in the CRI and LAI groups, as expected, because frozen-thawed semen has less fertilization ability [27]. The number of ewes with EL is in agreement with other reports, ranging from 5% to 30% [28,29].

The P_4 secretion curve followed the expected physiological pattern, with no influence from the reproductive methods used. The occurrence of luteolysis was clear in ewes with RE from the marked reduction of P_4 levels between Day 12 and Day 17, unlike what was observed for pregnant ewes. This RE may be associated either with failed fertilization, because of possible functional damage or impairment of transport of spermatozoa, or with abnormalities in embryonic development, owing to complications attributable to the aging of gametes [27].

According to Bazer et al. [30], luteolysis in ewes with RE is expected between days 15 and 16 of the estrous cycle, due to the endometrial secretion of $PGF2\alpha$. On the other hand, the presence of a conceptus generates antiluteolytic signaling through the secretion of interferon tau ($IFN\tau$), providing hormonal recognition of pregnancy. In the case of ewes that underwent EL, the high P_4 level up to Day 17

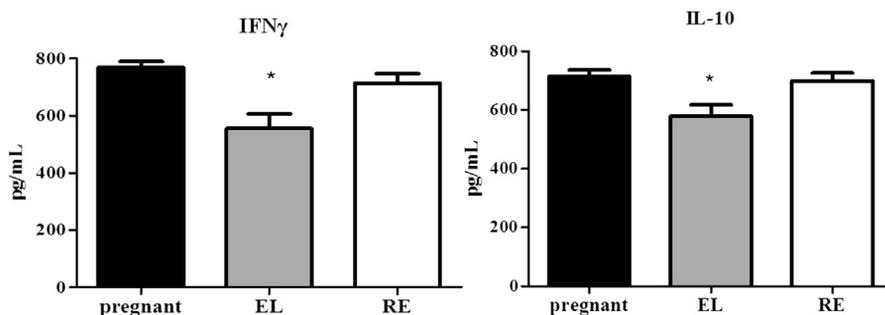


Fig. 2. Serum IFN γ and IL-10 (means \pm SEM) of pregnant ($n = 11$) Santa Inês ewes, with EL ($n = 5$) or with RE ($n = 8$), regardless of the reproductive method used (AI by cervical retraction, laparoscopy, or natural mating). *Mean with superscript differs ($P < 0.01$) from others. EL, embryo loss; RE, return to estrus.

suggests the presence of a viable embryo, which is capable of secreting IFN τ and preventing luteolysis [16]. The combination of P₄ and IFN τ favors the activation of interferon-stimulated genes, which are involved in tasks such as the transportation of antiviral compounds and the protection of conceptus tissues against maternal immune cells [21].

The serum IFN γ levels were similar among the reproductive methods. The estrus cycle is physiologically characterized by a local inflammatory cascade toward cervical dilation [31]. Therefore, handling the cervix during CRI, with possible tissue damage, could intensify this inflammation [12], leading to higher monocyte activation, proinflammatory (IL-12) cytokine secretion, and the consequent release of IFN γ NK cells and T lymphocytes [32,33]. However, in this study the serum levels of IFN γ in ewes subjected to CRI remained regular and similar to those found in ewes subjected to LAI or NM, and no traces of exacerbation of inflammatory reaction due to the CRI procedure were observed.

The similarity in serum levels of IL-10 in all reproductive methods suggests that, even if inflammatory reactions have taken place due to CRI, they would not have been sufficient to trigger a Th2 response, because this situation is an action that regulates the Th1 response [34]. In cases of higher proinflammatory Th1 activity, the systemic IFN γ /IL-10 ratio is also high, which also impairs the viability of pregnancies [35]. Therefore, the no influence of CRI is reinforced for the similar IFN γ /IL-10 ratio in the ewes inseminated with the three methods (0.96, 1.15, and 1.03 for CRI, LAI and NM, respectively).

Some investigators suggest that the handling and retraction of the cervix during AI may raise PGF 2α production, causing the invasion of the luteal tissue by neutrophils, which results in increased secretion of proinflammatory cytokines—among which IFN γ , and the consequent luteolysis and embryonic death [13,36].

The regularity of serum levels of IFN γ and IL-10 in the 12 days after the AI, in addition to the similar systemic profiles of those cytokines, especially when compared to NM, shows that CRI performed in standing position and with low stress intensity does not induce inflammatory reactions capable of compromising late embryo viability.

The main IFN γ -secreting sources are NK cells, which aim to provide an antiviral activity and an immune cell response against pathogens [17]. However, studies indicate a central role of IFN γ at the implantation site of embryos,

which involves the remodeling of decidual spiral arteries [37]. Lack of IFN γ , which is caused by insufficient NK cells, results in abnormal remodeling, such as the thickening of decidual vessels and reduced vascular lumen [38,39].

Regardless of the reproductive method used, all ewes with IFN γ serum levels under 600 pg/mL have undergone EL, suggesting that levels of IFN γ under that level are insufficient to provide a proper decidual environment, making impossible the pregnancy after Day 17.

In the case of IL-10, the smallest levels observed in ewes that underwent EL point out that those animals may have a less efficient tolerogenic activity than the remaining ewes, especially the pregnant ones. IL-10 plays a crucial role in pregnancy because of its immunosuppressant and regulatory activities with other intrauterine modulators [40]. The lack of IL-10 may cause infertility, defective embryo implantation, and recurring abortions in murines [40,41] and in women [34,42].

On the other hand, studies involving infertility show that the IFN γ /IL-10 ratio tends to increase through the action of Th1 immunity [35,43]. However, the IFN γ /IL-10 ratio was shown to be balanced and similar in the three groups of reproductive methods, despite the serum levels of these cytokines were lower in ewes with EL. This fact suggests that ewes, although apparently in physiological conditions, did not have immune systems compatible with sustaining the pregnancies.

The transcervical AI results may be influenced by the sheep breed [28,44]; therefore, more studies on CRI in other breeds besides Santa Inês are needed before this method can be applied widely.

4.1. Conclusions

Artificial insemination by cervical retraction in Santa Inês ewes performed in standing position does not alter the serum profiles of cytokines IFN γ and IL-10. Therefore, it does not induce an inflammatory reaction capable of compromising pregnancy.

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Competing Interests

The authors declare no conflicts of interest.

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