



Short communication

Goat *in vitro* follicular response to insulin concentration is affected by base medium and follicular stage

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ABSTRACT

Different culture media are used for the culture of preantral (PFs) and antral (AFs) follicles, among them the α MEM and TCM199. Also, culture media supplementation with insulin may improve the *in vitro* development of goat PFs and AFs. However, there is no information on the indicated concentration of insulin and which basis culture medium is the most suitable for caprine PFs and AFs. This study aimed to assess if the culture of PFs and AFs can be affected by the basis medium, and if its supplementation with two different insulin concentrations will improve follicular growth and oocyte development. Isolated PFs and AFs were *in vitro* cultured for 18 days in α MEM, or TCM199 supplemented either with 10 ng/mL or 10 μ g/mL insulin. A higher degeneration rate ($P < 0.05$) of PFs was observed for TCM199 compared to α MEM within the same insulin concentrations. Preantral follicles cultured in α MEM with insulin 10 μ g/mL presented the greatest ($P < 0.05$) daily growth, as well as increased ($P < 0.05$) antrum formation, while the daily growth rate of AFs was highest ($P < 0.05$) in α MEM supplemented with insulin at both tested concentrations. Furthermore, the development of oocytes recovered from PFs and AFs was improved when culture was performed in α MEM supplemented with insulin 10 ng/mL.

1. Introduction

Immature oocytes from preantral (PFs) and antral follicles (AFs) have been used to develop reproductive biotechnologies in human and other species (Palma et al., 2012; Monniaux et al., 2014). Although the caprine species has been described as a good model for human ovary due to similarities in oocyte diameter and length of folliculogenesis (Figueiredo et al., 2011), advances are limited to the production of a low and variable number of mature oocytes and embryos (Silva et al., 2015). Many factors affect the outcome of the *in vitro* culture (IVC) of follicles, e.g., supplements (Silva et al., 2015), basis medium (Rossetto et al., 2012), and follicular developmental stage (Cadenas et al., 2017). The most used media for follicular IVC are α MEM and TCM199 (Rossetto et al., 2012; Arunakumari et al., 2010). Among the supplements, insulin is often used because of its key role in steroid production and embryo development. Ferreira et al. (2016) reported that 10 μ g/mL insulin stimulates oocyte growth when the base medium contains growth hormone and follicle-stimulating hormone (FSH). Nevertheless,

it is still unknown if follicular survival and growth will depend on their stage of development, the base medium used for IVC, and insulin concentration. Therefore, the present study aimed to determine the adequate base medium (α MEM vs. TCM199) and insulin concentration (10 ng/mL vs. 10 μ g/mL) for isolated caprine preantral and antral follicles.

2. Material and methods

All chemicals used in the present study were purchased from Sigma Chemical Co (St. Louis, MO) unless otherwise indicated.

All experiments were performed according to the recommendations of the Committee of Animal Handling and Ethical Regulation from the State University of Ceara, Fortaleza, Ceara, Brazil. The study does not involve any human samples.

Ovaries ($n = 72$) from 36 adult mixed-breed goats were collected from a local slaughterhouse and submitted to microdissection for the recovery of isolated advanced PFs and early AFs follicles ($\sim 200 \mu$ m and

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~350 μm , respectively). Follicles with a visible oocyte surrounded by granulosa cells and intact basement membrane were selected for IVC. For this, PFs and AFs were individually cultured in 25 μL drops of culture medium on Petri dishes (60 \times 15 mm, Corning, USA) (Araújo et al., 2011). Base media (αMEM and TCM199) were supplemented with 3 mg/mL bovine serum albumin (BSA), 2 mM glutamine, 2 mM hypoxanthine, 5.5 $\mu\text{g}/\text{mL}$ transferrin, 5 ng/mL selenium and 50 $\mu\text{g}/\text{mL}$ ascorbic acid (Chaves et al., 2012), and after that referred to αMEM^+ and TCM199 $^+$. A total of 193 PFs and 167 AFs were cultured in αMEM^+ or TCM199 $^+$ supplemented with 10 ng/mL or 10 $\mu\text{g}/\text{mL}$ insulin named as αMEM^+ 10 ng/mL, αMEM^+ 10 $\mu\text{g}/\text{mL}$, TCM199 $^+$ 10 ng/mL and TCM199 $^+$ 10 $\mu\text{g}/\text{mL}$. The experiments were replicated six times, and approximately 48 follicles of each follicular category (PF or AF) were used per treatment (8 follicles/replicate/treatment). The total number of follicles in each treatment was: PFs (αMEM^+ 10 ng/mL; n = 46, αMEM^+ 10 $\mu\text{g}/\text{mL}$; n = 45, TCM199 $^+$ 10 ng/mL; n = 52, TCM199 $^+$ 10 $\mu\text{g}/\text{mL}$; n = 50) and AFs (αMEM^+ 10 ng/mL; n = 41, αMEM^+ 10 $\mu\text{g}/\text{mL}$; n = 41, TCM199 $^+$ 10 ng/mL; n = 46, TCM199 $^+$ 10 $\mu\text{g}/\text{mL}$; n = 39). All groups were cultured for 18 days at 39 °C and 5% CO_2 . Every other day, 5 μL of fresh culture medium was added to every drop, with a final volume of 65 μL on day 18 (Araújo et al., 2011). The conditioned culture media were collected on day 18, and stored at -80 °C for assessing hormone content. After the culture period, oocytes were retrieved from follicles and immediately destined to in vitro maturation (IVM). Furthermore, as non-cultured control 19 PFs and 34 AFs were fixed in glutaraldehyde (1%) for further analysis of oocyte meiotic stage and morphometry before culture (Day 0).

2.1. Follicular morphology and development

Before and after IVC (days 0 and 18), follicles were classified according to their morphological features. Degenerated follicles were scored when the cytoplasm of the oocyte and surrounding cumulus cells were dark or misshapen. Antral cavity formation (defined as a visible translucent cavity within the granulosa-cell layers) and the diameters of healthy follicles were also recorded. Follicle diameter was determined as the mean of two perpendicular measurements of each follicle using a stereomicroscope (SMZ 645 Nikon) with an ocular micrometer (100 \times magnification). The growth rate was calculated as follows: the final diameter minus the initial diameter of viable follicles (on Day 0), divided by the days of IVC (on Day 18).

2.2. Hormone assays

Estradiol (E2) concentrations were analyzed using radioimmunoassay kits (MP Biomedicals, LLC – Orangeburg, NY, USA). The assay sensitivity and intra-assay coefficient were 5 pg/mL and 7%, respectively.

2.3. In vitro maturation of oocytes

At the end of the culture period, the cumulus-oocyte complexes (COCs) were recovered from the cultured AFs and PFs using 26-gauge needles. The COCs were washed twice in IVM medium (TCM199 supplemented with 0.5 $\mu\text{g}/\text{mL}$ recombinant FSH (bovine), 5 $\mu\text{g}/\text{mL}$ LH, 1 $\mu\text{g}/\text{mL}$ 17 β -estradiol, 10 ng/mL EGF, 1 mM pyruvate, 100 μM cysteamine, 50 ng/mL recombinant IGF-1 and 1% BSA). All COCs were individually matured in 10 μL drops of IVM medium on culture dishes (60 \times 15 mm, Corning, USA) under mineral oil for 32 h (Ferreira et al., 2016).

2.4. Assessment of oocyte viability and chromatin configuration

After 32 h IVM, oocytes were mechanically denuded and individually incubated for 30 min in 10 μL drops of PBS supplemented with 4 mM, calcein-AM, 2 mM ethidium homodimer-1, and 1%

glutaraldehyde, for viability analysis under a fluorescence microscope (Eclipse 80i, Nikon, Japan). Oocytes were considered viable if the cytoplasm stained with calcein-AM and if the chromatin was not labeled with ethidium homodimer-1 (Molecular Probes, Invitrogen, Karlsruhe, Germany). The emitted fluorescent signals of calcein-AM (green) and ethidium homodimer-1 (red) were measured using 488 nm excitation. Oocyte chromatin was labeled with 10 mM Hoechst 33342 (emission at 479 nm), and the chromatin configuration was analyzed from intact germinal vesicles to meiotic resumption (germinal-vesicle breakdown, metaphase I and metaphase II). Oocyte diameter was determined as the mean of two perpendicular measurements of each oocyte excluding the zona pellucida.

2.5. Statistical analysis

All statistical analyses were performed using Sigma Plot 11 (Systat Software Inc., USA). Comparisons of means among treatments were analyzed by Kruskal–Wallis test. The proportion variables among treatments and days of culture were evaluated by chi-square or Fisher's exact test. A probability of $P < 0.05$ indicated that difference was significant.

3. Results

3.1. Follicular morphology and growth in vitro

For both follicle categories αMEM^+ had a more positive effect than TCM199 $^+$, including using higher (10 $\mu\text{g}/\text{mL}$) concentration of insulin. The percentages of atretic follicles after 18 days IVC are depicted in Fig. 1A. The significantly highest degeneration rates were observed when PFs were cultured in TCM199 $^+$. Antral follicles cultured in TCM199 $^+$ with insulin at 10 ng/mL presented higher ($P < 0.05$) atresia rates than with insulin 10 $\mu\text{g}/\text{mL}$. The growth of PFs was significantly improved if the 18 days IVC was performed in αMEM^+ with 10 $\mu\text{g}/\text{mL}$ insulin. For AFs, IVC in αMEM^+ resulted in significantly higher growth, independently on the insulin concentration in the culture medium (Fig. 1B).

3.2. Antrum formation in vitro

The rate of antrum formation in vitro was measured based on observations every six days until reach day 18. After 18 days of in vitro culture, antrum formation was significantly higher if PFs were cultured in the presence of αMEM^+ at 10 $\mu\text{g}/\text{mL}$ insulin compared to TCM199 $^+$ with 10 $\mu\text{g}/\text{mL}$ insulin. These differences were not affected by insulin concentration in the medium (Fig. 2).

3.3. Oocyte viability, diameter and chromatin configuration

Regardless the follicular category, the percentage of viable oocytes (Table 1) was lower ($P < 0.05$) in the cultured groups than in the non-cultured ones (control). Regardless the treatment, after culture mean oocyte diameter was greater ($P < 0.05$) in cultured follicles than non-cultured control except for AFs cultured in TCM199 $^+$ with insulin 10 $\mu\text{g}/\text{mL}$ treatment. When the base media were analyzed for the same insulin concentration, despite the follicular category, oocyte diameters were higher ($P < 0.05$) in αMEM^+ than in TCM199 $^+$. It is important to emphasize that except for PFs cultured in TCM199 $^+$, the largest ($P < 0.05$) oocyte diameters were obtained when PFs and AFs were previously cultured in the presence of insulin 10 ng/mL. As expected, at onset the of culture (non-cultured - control) oocyte diameter from AFs was greater ($P < 0.05$) than that from PFs. AFs cultured in αMEM^+ with insulin at 10 ng/mL had greater ($P < 0.05$) percentage of meiotic resumption in relation to TCM199 $^+$ treatment combined with insulin, regardless its concentration. It is important to highlight that only αMEM^+ treatments yielded metaphase I and II oocytes.

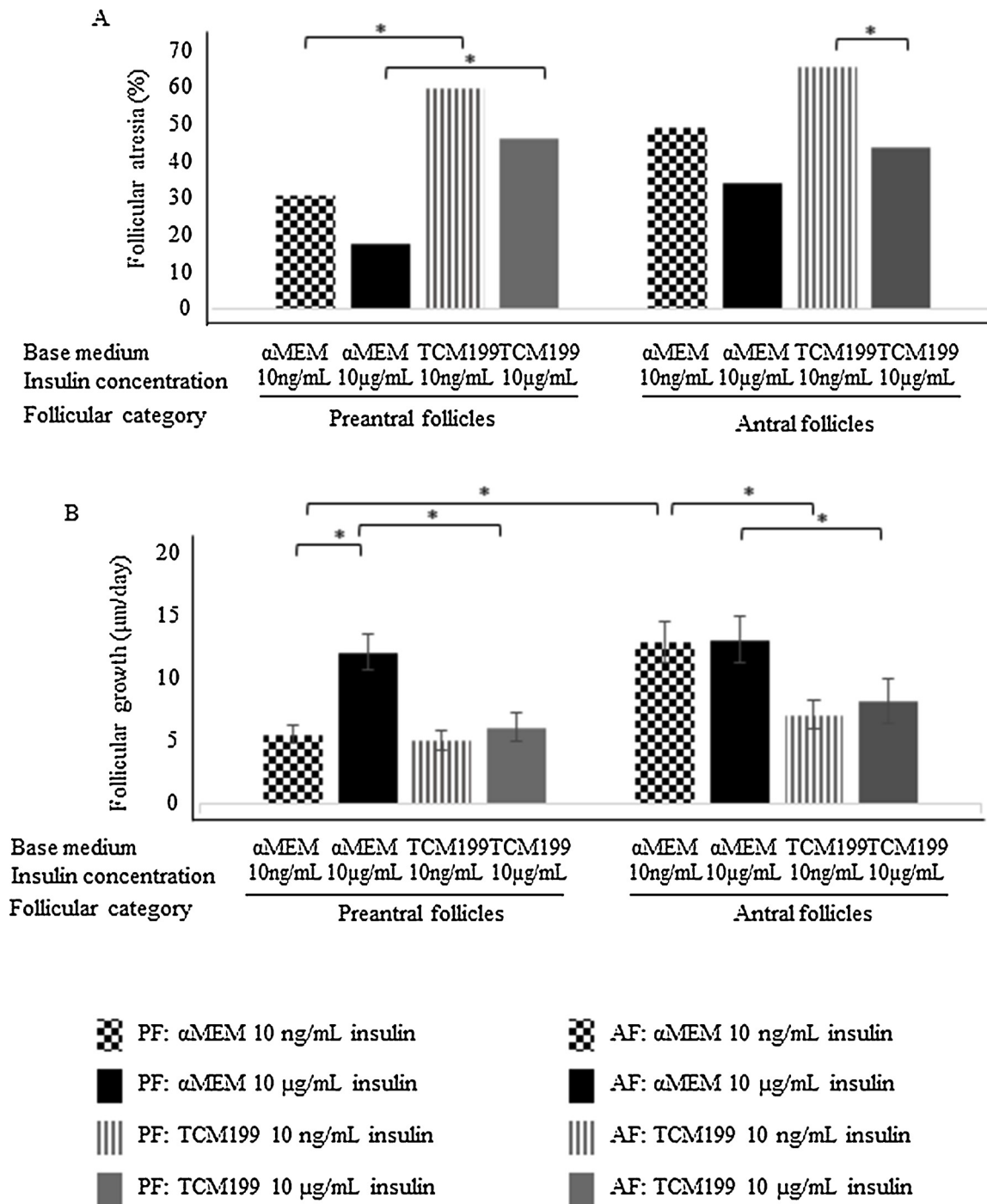


Fig. 1. Effect of base medium and insulin concentration on atresia (1A) and follicular growth (1B). * significant difference among treatments (P < 0.05).

3.4. Estradiol production

Estradiol production from individual follicles was assessed at the end of IVC (Table 2). A large individual variation (46 to 14,000 pg/mL) was observed in the estradiol secretion among the cultured follicles, and no differences were found among the tested treatments regardless the base medium and insulin concentration.

4. Discussion

As observed in the present study, αMEM⁺ is more suitable than TCM199⁺ for the in vitro growth of preantral and antral follicles, as well as the development of oocytes enclosed in these follicles. Both

αMEM⁺ and TCM199⁺ are culture media with a rich composition, including amino acids, vitamins and salt. However, αMEM⁺ has suitable levels of ascorbic acid, which in turn would ensure appropriate redox state, as well as basement membrane turnover to support follicular development (Silva et al., 2011).

The effect of insulin concentration on follicle development depended on the base medium and follicular category, where αMEM⁺ with a 1000-fold higher concentration (10 μg/mL vs. 10 ng/mL) of insulin resulted in a significant increase in the growth of PFs. Similar results were obtained by other authors after the IVC of isolated caprine PFs (Ferreira et al., 2016; Silva et al., 2017). Furthermore, in vitro cultured AFs in the presence of insulin 10 μg/mL using TCM199⁺, reduced atresia compared to insulin 10 ng/mL. Granulosa cells have a

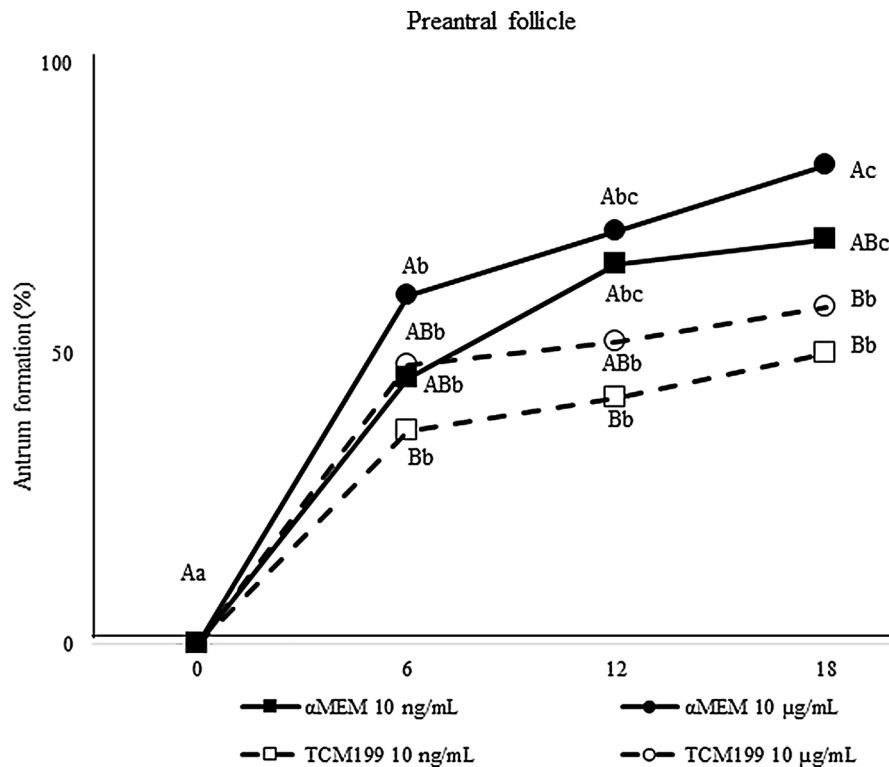


Fig. 2. Antrum formation rate of preantral follicles cultured in distinct base media with different insulin concentrations. ^{a,b,c} significant difference among days of the culture in the same treatment (P < 0.05). ^{A,B} significant difference among treatments in the same day of the culture (P < 0.05).

high glycolytic capacity (Munakata et al., 2016). Since insulin will affect the glucose consumption by granulosa cells (Itami et al., 2017), it was already expected that at the highest tested concentration, the granulosa cells proliferation and subsequent follicular growth should be increased. Only in the presence of α MEM⁺, PFs and AFs responded differently to insulin concentrations for follicular growth. Our team has shown that follicle requirements differ throughout the IVC according to their developmental stage (Cadenas et al., 2017). Furthermore, it was already demonstrated in vivo that the complex transition from PFs to AFs leads to the up- or down-regulation of 2466 genes involved in three metabolic pathways, which may explain the different outcomes according the follicular category (Magalhães-Padilha et al., 2013). Insulin stimulates steroid production (Frank et al., 2008). Unfortunately, the huge variation in the estradiol levels produced by the follicles did not allow such observation in the present study. In a previous study, Araújo

Table 2
Estradiol production in α MEM⁺ or TCM199⁺.

Treatment [†]	E2 (pg/mL)
α MEM ⁺	1466.1 ± 957.7
TCM199 ⁺	284.7 ± 149.5

* Ovarian follicles were grouped within α MEM⁺ or TCM199⁺ regardless follicular category and insulin concentration. Between treatments (P > 0.05).

et al.,(2015) reported higher estradiol levels when bovine PFs were cultured in α MEM than in TCM199. Besides the species-specific differences, these later authors performed the in vitro culture for a longer period (32 days) and added recombinant FSH to the culture medium.

Regarding oocyte development, in general, there was an improved

Table 1
Oocyte development in α MEM⁺ or TCM199⁺ with insulin at 10 ng or 10 μ g/mL.

	Treatment	n	% Viable	Oocyte diameter	% GV [†]	% GVBD [†]	% MI [†]	MII [†]	Meiotic Resumption [†]
Preantral	Non-culture	19	94.7 (18/19)A	74.1 ± 2.7A	100.0 (18/18)A	ND	ND	ND	ND
	α MEM ⁺ 10 ng/mL	46	60.9 (28/46)B	97.4 ± 2.1B	67.9 (19/28)BC	25.0 (7/28)A	7.1 (2/28)	ND	32.1 (9/28)A
	α MEM ⁺ 10 μ g/mL	45	60.0 (27/45)B	91.2 ± 1.8C	81.5 (22/27)AB	11.1 (3/27)A	ND	7.4 (2/27)	18.5 (5/27)A
	TCM199 ⁺ 10 ng/mL	52	46.1 (24/52)B	85.8 ± 2.2CD	75.0 (18/24)BC	25.0 (6/24)A	ND	ND	25.0 (6/24)A
	TCM199 ⁺ 10 μ g/mL	50	46.0 (23/50)B	83.9 ± 2.7D	69.6 (16/23)BC	30.4 (7/23)A	ND	ND	30.4 (7/23)A
Antral	Non-culture	34	91.2 (31/34)A	94.4 ± 2.4A [*]	96.8 (30/31)A	3.2 (1/31)A	ND	ND	3.2 (1/31)A
	α MEM ⁺ 10 ng/mL	41	58.5 (24/41)B	119.3 ± 2.8B [*]	16.7 (4/24)B [*]	12.5 (3/24)AB	37.5 (9/24)A [*]	33.3 (8/24)A	83.3 (20/24)B [*]
	α MEM ⁺ 10 μ g/mL	41	43.9 (18/41)B	109.3 ± 2.6C [*]	33.3 (6/18)BC [*]	22.2 (4/18)BC	33.3 (6/18)A	11.1 (2/18)A	66.7 (12/18)BC [*]
	TCM199 ⁺ 10 ng/mL	46	52.2 (24/46)B	107.4 ± 3.0C [*]	45.8 (11/24)CD	54.2 (13/24)D [*]	ND	ND	54.2 (13/24)C [*]
	TCM199 ⁺ 10 μ g/mL	39	56.4 (22/39)B	98.1 ± 3.4A [*]	54.5 (12/22)C	45.4 (10/22)CD	ND	ND	45.4 (10/22)C

A,B,C Within a column in the same follicular category (P < 0.05).

* Difference between follicular category in the same base medium and insulin concentration (P < 0.01).

[†] Values calculated out of the viable oocytes. ND, not detected. n Total number of oocytes in each treatment. Abbreviations: GV, germinal vesicle; GVBD, germinal vesicle breakdown; MI, metaphase I; MII, metaphase II.

when insulin was added at the lowest tested concentration, i.e. 10 ng/mL, regardless if the oocyte was harvested from PFs or AFs. In previous studies (Chaves et al., 2012; Ferreira et al., 2016), no difference was observed regarding oocyte growth between culture media containing high (10 µg/mL) or low (10 ng/mL) insulin concentration. Unlike these authors, we have used an IVC system with culture medium replacement protocol, which is the most efficient for the oocyte growth (Araújo et al., 2011). Importantly, it was reported before that the higher the insulin level in the medium, the higher the proliferation of granulosa cells (Itami et al., 2017). However, these authors also showed that this effect has, as cost, the exhaustive use of the glucose sources for oocyte development. As in the present study we did not increase glucose levels according the tested insulin level, we suggest that the highest tested insulin concentration resulted in a reduction in energy for the oocyte development.

It was demonstrated a similar efficiency of the IVC in the promotion of oocyte growth in both follicle categories. Nevertheless, the ratio follicle diameter/oocyte diameter was different at the onset of IVC of PFs (follicle ~ 214 µm / oocyte ~ 74 µm) and AFs (follicle ~ 340 µm / oocyte ~ 94 µm). Otoi et al (1997) have already reported a positive relationship, at least in vivo, between follicle and oocyte diameters, and the ability of the oocyte to resume meiosis. In our findings, oocyte meiotic progression to MI and MII occurred only in the presence of αMEM⁺. Thus, we hypothesize that the better performance showed by αMEM⁺ compared to TCM199⁺, as well as AFs better than PFs is related to the ability of the base medium to stimulate oocyte growth in vitro, and to follicle diameter at the onset of the culture, respectively.

In conclusion, follicular development and oocyte growth better outcomes were obtained with αMEM basic medium. Moreover, αMEM in the presence of 10 ng/mL insulin yielded larger oocyte diameter regardless follicular category.

Conflict of interest

The authors declare that they have no conflict of interest.

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